

SCOTTISH ATHLETICS NORTH DISTRICT RELAY CHAMPIONSHIPS

Inverness

VETERANS Mike Stewart and Ross

Arbuckle were the fastest two men in the senior race and helped Keith & District to win by 62 seconds from Forres Harriers, second runner Stewart sweeping into a lead which they were not to surrender. Caithness were never out of the first two to take a comfortable win in the boys' race but the girls' race resulted in an exciting finish. Double Scottish U17 track champion Gemma Cormack flew from sixth position on the anchor leg, overcoming a deficit of 2:18 to snatch victory for Moray Road Runners.

Caithness were only three seconds behind with Inverness seven seconds back in third.

Men (4x3.75km)

1 Keith & District 50:53 (S Taylor 13:31, M Stewart 12:14, R Arbuckle 12:19, J Goodall 12:49); 2 Forres H 51:55 (P Rogan 13:07, A Ross 13:03, D Adams 13:07, G Bartlett 12:38); 3 Inverness H 52:15 (A MacRae 13:13, I Allan 13:13, B Skinner 13:16, S Worsley 12:33); 4 Moray RR 52:22 (S Garland 13:04, R Hardie 13:35, C Green 13:12, K Wilson 12:31); 5 Stornoway RAC 53:36 (M MacKenzie 12:59, A MacKenzie 13:10, I Mackay 13:41, G MacDonald 13:46); 6 I'ness B 57:56; 7 Forres B 60:44

Fastest: 1 Stewart 12:14; 2 Arbuckle 12:19; 3 Wilson 12:30; 4 Worsley 12:33;

5 Bartlett 12:38

Young males (3x2.4km, U13/U15/U17)

1 Caithness 25:33 (R Murdoch 9:04, D Paterson 8:43, G Taylor 7:46); 2 Moray 26:26 (A Jays 10:14, D Shands 8:32, R Cammack 7:40); 3 Storn 26:28 (C MacDonald 9:04, C Lawson 8:46, R Gregg 8:39); 4 Storn B 27:41; 5 Caith B 28:22; 6 I'ness 28:39

Fastest - U17: 1 Cammack 7:40; 2 Taylor 7:46; 3 M Munro (I'ness) 8:18

U15: 1 Paterson 8:43; 2 Shands 8:32; 3 Lawson 8:46

U13: 1 eq MacDonald/Murdopch 9:04; 3 S Brown (I'ness) 9:15

Women (3x3.75km)

1 I'ness 47:35 (M MacDougall 16:23, I Mair 16:15, J Wilson 14:57)

Fastest: Wilson 14:57

Young females (3x2.4km, U13/U15/U17)

1 Moray 29:09 (S Robertson 11:06, B Wilson 9:51, G Cormack 8:12); 2 Caith 29:12 (E Dunnett 9:04, O Dunnett 9:35, R Manson 10:33); 3 I'ness 29:13 (K Stuart 10:29, E Black 9:24, R Farquhar 9:20); 4 Storn B 29:13; 5 Forres 30:15; 6 Caith B 31:02

Fastest - U17: 1 Cormack 8:12; 2 I

Maciver (Storn B) 9:19; 3 Farquhar 9:20

U15: 1 Black 9:24; 2 Maciver 9:31; 3 S

Fraser (Forres) 9:49

U13: 1 E Dunnett 9:04; 2 O Dunnett

9:35; 3 J Curry (Caith B) 9:49

Club	1st Runner				2nd Runner				3rd Runner							
	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time				
MRR	Sioban Robertson	11	11:06	11:06	Beth Wilson	6	20:57	09:51	Gemma Cormack	1	29:09:00	08:12				
Caithness A	Emma Dunnett	1	09:04	09:04	Oonagh Dunnett	1	18:39	09:35	Rebecca Manson	2	29:12:00	10:33				
Inverness Harriers A	Katie Stewart	6	10:29	10:29	Ellith Black	2	19:53	09:24	Rebecca Farquhar	3	29:13:00	09:20				
Stornoway B	Rebecca Munro	5	10:23	10:23	Holly MacIver	3	7:54:00 PM	09:31	Jane MacIver	4	29:13:00	09:19				
Forres Harriers	Lisa McCrossan	9	10:57	10:57	Storm Fraser	5	8:45:00 PM	09:48	Kirstie Rogan	5	30:15:00	09:30				
Caithness B	Jade Curry	2	09:49	09:49	Erin Mackay	4	19:57	10:08	Hannah Patterson	6	31:02:00	11:05				
Inverness Harriers B	Corrin Miller	7	10:38:00	10:38:00	Yukka Gallacher	9	9:19:00 PM	10:41:00 AM	Tyler Maclean	7	31:21:00	10:02				
Stornoway C	Allison MacInnes	12	11:16	11:16	Ceit Stewart	8	21:17	10:01	Kirsty Munro	8	31:26:00	10:09				
Caithness C	Nikki MacDonald	4	10:15	10:15	Leanne Evers	7	21:10	10:55	Emma Dunnett	9	31:57:00	10:47	N/C			
Inverness Harriers C	Elaine Murdoch	8	10:48	10:48	Charris Mair	10	21:54	11:06	Joanna Shepherd	10	32:07:00	10:13				
Stornoway A	Kirstina Mackenzie	13	11:53	11:53	Ellith MacIver	11	22:24	10:31	Ceitlin Smith	11	34:26:00	12:02:00 PM				
Inverness Harriers D	Iona Black	10	10:50	10:50												
Inverness Harriers E	Alice Gordon	3	10:14	10:14												

BOYS

Club	1st Runner				2nd Runner				3rd Runner							
	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time				
Caithness A	Rob Murdoch	2	09:04	09:04	Duncan Paterson	1	17:47	8:43	Graeme Taylor	1	25:33	7:46				
MRR	Adam Jays	7	10:14	10:14	Donald Shands	4	18:46	8:32	Robbie Cammack	2	26:26	7:40				
Stornoway A	Campbell MacDonald	1	09:04	09:04	Calum Lawson	2	17:50	8:46	Robbie Gregg	3	26:28	8:39				
Stornoway B	Mike Paton	4	09:22	09:22	Sean MacLoed	3	18:26	9:04	Rob Smith	4	27:41	9:15				
Caithness B	Rory Stewart	6	9:50	9:50	David Gardner	5	19:01	9:11	Alastair Black	5	28:22	9:21				
Inverness Harriers A	Spencer Brown	3	09:15	09:15	Ian Coghill	7	20:18	11:03	Martin Munro	6	28:39	8:18				
Inverness Harriers B	Cameron Stuart	5	09:37	09:37	Conner MacDonald	8	20:21	10:44	Alan Hunter	7	29:53	9:32				
Stornoway C	Michelle Russell Smith	8	10:27:00 AM	10:27:00 AM	Josh Sinclair	6	19:16	8:49	Calum Smith	8	30:31	11:15				

LADIES

Club	1st Runner				2nd Runner				3rd Runner							
	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time				
Inverness Harriers	Morina MacDougall	1	16:23	16:23	Jackie Mair	1	32:38:00	16:15	Julie Wilson	1	47:35:00	14:57				

MENS

Club	1st Runner				2nd Runner				3rd Runner				4th Runner			
	Names	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time	Name	Position	Finish Time	Runner Time
Keith	Steven Taylor	5	13:31	13:31	Mike Stewart	1	25:45	12:14	Ross Arbuckle	1	38:04	12:19	John Goodall	1	50:53	12:49
Forres Harriers A	Paul Rogan	3	13:07	13:07	Andy Ross	3	26:10	13:03	Dave Adams	2	39:17	13:07	Graeme Bartlett	2	51:55	12:38
Inverness Harriers A	Andrew MacRae	4	13:13	13:13	Ian Allan	4	26:26	13:13	Billy Skinner	3	39:42	13:16	Steve Worsley	3	52:15	12:33
MRR	Simon Garland	2	13:04	13:04	Raymond Hardie	3	26:39	13:35	Colin Green	5	39:51	13:12	Kenny Wilson	4	52:22	12:31
Stornoway	Murdo Mackenzie	1	12:59	12:59	Andrew MacKenzie	2	26:09	13:10	Iain Mackay	4	39:50	13:41	Gordon MacDonald	5	53:36	13:46
Inverness Harriers B	Jim Meehan	7	13:56	13:54	George Mitchell	6	27:30	13:34	Cameron Ross	6	42:14	14:44	Charles Bannerman	6	57:56	15:42
Forres Harriers B	Graham Jarvis	6	13:42	13:42	Stu Burn	7	29:38	15:56	Bernie Foran	7	47:56	18:18	Stu Davis	7	60:44	12:48